Protect Your Identity

Do you know what makes the best passwords? Do you use a similar password across multiple accounts? Do you use multifactor authentication (MFA)?

Passwords are the keys to our sensitive information. When we power up our passwords we improve the chances of keeping Yale data and our data safe!





Create passwords that contain 12 or more characters

Use a passphrase, where possible

Include special characters (such as @!*%)



Don't use the same password for different accounts

Don't share your password with anyone

Don't use the names or initials of you, your children, pet, partner, or celebrities

Power up your passwords with MFA

You already use MFA at Yale with the Duo Prompt. And it has reduced compromised accounts to almost zero! You can add MFA to many of your personal accounts, too. Use this second layer of protection whenever possible.





The Yale Help Desk and Information Security Office will never ask for your password.

Only approve DUO authentication requests when actively logging in.

cybersecurity.yale.edu/use-secure-passwords

Yale Information Security