

Building Cybersecurity Habits



REPORT CYBER INCIDENTS

Go with your gut. You know your work better than anyone. If something seems unusual or suspicious, don't ignore it.

- Report suspicious emails even if you're not 100% sure they're fake.



USE SECURE PASSWORDS

It only takes 2 seconds to crack an eleven-character password that uses only numbers.

- Check if your email address has been involved in any data breaches at haveibeenpwned.com.



CLICK WITH CAUTION

A cyber attack occurs every 39 seconds!

- Look for signs of phishing in emails or ask a friend or colleague to confirm if it's real.



APPLY UPDATES

Applying updates is the most important step you can take to keep your devices safe.

- Set up your devices for automatic updates to boost security.



KNOW YOUR RISK

Yale classifies data based on risk - high, moderate, and low - and has approved services for each risk level.

- Lock your computer screens when you leave your workspace.

