

# Use Secure Passwords

Do you know what makes the best passwords? Do you use a similar password across multiple accounts? Do you use multifactor authentication (MFA)?

Passwords are the keys to our sensitive information. When we power up our passwords we improve the chances of keeping Yale data and our data safe!



## BAD

Use common words

Do not include numbers or special characters

Are easy to guess



## BETTER

Use less common words

Include letters, numbers, and special characters

Are harder to guess



## BEST

Use diverse compositions or passphrases

Include MFA

Are unique for each account

## Power up your passwords with MFA

You already use MFA at Yale with the DUO Prompt.

*And it has reduced compromised accounts to almost zero!*

You can add MFA to many of your personal accounts, too. Use this second layer of protection whenever possible.



**Remember...**

The Yale Help Desk and Information Security Office will never ask for your password.

Only approve DUO authentication requests when actively logging in.