

# Cyber Safety Checklist



## USE SECURE PASSWORDS

*It only takes 2 seconds to crack an eleven-character password that uses only numbers.*

- Use strong and unique passwords or passphrases for every account and device.



## CLICK WITH CAUTION

*A cyber attack occurs every 39 seconds!*

- Never click links or open attachments from unknown senders. To be safe, report suspicious emails to the Help Desk.



## APPLY UPDATES

*Applying updates is the most important step you can take to keep your devices safe.*

- Enroll in auto updates or apply updates as soon as available.



## KNOW YOUR RISK

*Yale classifies data based on risk - high, moderate, and low - and has approved services for each risk level.*

- Know your data and ensure you are protecting it properly. Report any lost or stolen devices to the Information Security Office.

